Mat-Su Monitor

FALL 2016 VOLUME 40 NUMBER 1

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Daycare at Mat-Su

By Gig Grant

Molly's Playhouse Campus Child Care Center opened on January 16th, 1996. It was the first and only fully equipped day care center offered here at the Mat-Su College campus. Barbra Mishler was a faculty advisor of the Student Government Association. In 1993 the Student Government chose to support the creation of a modern

Molly's Playhouse playground.

child care facility located at the MSC. After three years of lobbying hard, the Student Government won its fight and the new facility opened. It was newly constructed with its own main entrance, playground, kitchen, special noise

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OLD TOWN AUTUMN FEST

Saturday, October 22

Dorothy G. Page Museum

Trick-or-Treat in the old town site.
Sponsored in part by the Mat-Su College Student Government Council.

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Opening Doors

By Jack Rogers II Student Government Council President.

Hello, for some new students -- and some of us not so new students -- getting out of our comfort zone is not easy. Okay, it is hard. We have so many things that occupy our time we so that sometimes feel overwhelmed. And that is normal. We at Student Government Council have begun a hello plan. Yes, hello! We will be walking to and from classes this semester saying hello to at least five (5) unknown student a day. Yes, all of your senators, club representatives, the vice-president, and even the president will be doing this. So do not be alarmed, and if so inclined, say hello back. There is nothing better than making people feel part of our college. So say hello, make this campus know for the good people who attend. And yes a smile always opens a door to a room and maybe a spirit.

Thank you for your participation,

GET INVOLVED WITH YOUR

STUDENT GOVERNMENT

MEETINGS EVERY WEDNESDAY 11:50 - 12:50 FSM 105

EVENTS CALENDAR

October 26: College 101 sessions for prospective students to learn more about admissions, financial aid, and choosing a career path. Call 907-745-9799 for more information.

October 29: Zombie Prom student dance. Watch campus bulletin boards or college website for details on time and location.

October 31: Spring 2017 schedule goes live on UAOnline.

November 4: Last day to withdraw. Last day to add open entry/skills center class.

November 4-18: Faculty Art Show, FSM 200.

November 9: College 101 sessions for prospective students to learn more about admissions, financial aid, and choosing a career path. Call 907-745-9799 for more information.

November 11: Veteran's Day event. Watch college website for more information.

November 14: Registration for spring Semester opens for seniors.

November 15: Registration for spring Semester opens for juniors.

November 16: Registration for spring semester opens for sophomores.

November 17: Registration for spring semester opens for freshmen.

November 21-December 17: Student Art Show, FSM 200.

November 24-25: No classes, November break.

December 8: Last day to apply for Fall Graduation.

December 17: Semester ends.

December 22: Grades available on UAOnline.

December 24-January 1, 2017: Campus Closed, Winter Break.

Advice from a first-generation college student

By Mariana Weatherby, Admissions Representative

Preparing for college can seem a bit daunting at times and more so if you are the first one in your family to go to college. They say that you learn from your mistakes and it is true. Being a first-generation student my family and I made plenty of them. For example, we didn't know that it was okay to fill out the Free Application for Federal Student Aid (FAFSA) so instead my parents and I paid out-of-pocket for the first two years of college. I am not complaining. I am proud that my Associate of Arts was debt free and I ended up with a very little debt toward my Bachelors. However, more than likely I would have qualified for a grant, which would have allowed me to attend college full time, saving me both time and money.

So what can you do to avoid these costly mistakes? Share your college goals with people who care about you. Surrounding yourself with people who support your goal will help you through the process.

Also, take advantage of your local campus resources. Mat-Su College is offering free College 101 sessions to help you or someone you know learn more about applying for admission, financial aid, and choosing a degree path. Academic advising and a campus tour will be available at the end of each session.

Sessions start at 3:00 p.m. in FSM 104

Upcoming sessions

October 26 & November 9

For more information you can call me at 907-745-9799

Hope to see you soon!

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The *Mat-Su Monitor* is the student newspaper of Mat-Su College. The *Monitor* aims to report college news and serve as a forum for student writing. The *Monitor* seeks submissions of news, editorials, and short fiction from all students, staff, and faculty of Mat-Su College. All students are invited to attend the *Monitor*'s weekly meetings. Details on participating in or submitting content to the *Monitor* can be found at http://matsu.alaska.edu/office/student-government/student-clubs/mat-su-monitor/.

The Mat-Su Monitor is funded by the Mat-Su College Student Government Association and our advertisers. For information on advertising in the *Monitor* contact Micah Muer at mwmuer@alaska.edu or 907-745-9758.

The opinions expressed the *Monitor* article are solely those of its authors. They do not necessarily reflect the opinions or policy of the college, its students and employees, or the wider University of Alaska system.

What the Heck is LinkedIn?

By K.B. Holbrook, Mat-Su College Career Advisor

Somewhere along the line, whether from a friend or coworker you have probably heard of or received an "invite" to a website called LinkedIn. Maybe you have even created an account because it seemed like a good idea. However, beyond the idea that it "helps with networking", very few people understand how to or use LinkedIn to the full potential that it was intended. So whether you are a current or future user, in this article I hope to present some guidelines and recommendations on how to use LinkedIn professionally and effectively.

First and foremost, LinkedIn is designed to be a professional networking tool. The key word here is *professional*. This means that LinkedIn should not be a repeat of everyone you know on Facebook, but rather a collection of peers and organizations in your profession. Your LinkedIn network may contain some repeats from your other social networks or very close relationships, but overall you want to add people who are professionals working in your career field or a closely related one. Creating a professional network like this allows you to develop relationships with individuals at other organizations in your field, it can increase your awareness of other organizations or individuals in your field, and sometimes good networking on LinkedIn can even result in job offers. As a final note, if you request to add someone to your network you don't already know, be sure to write a personalized invite.

When it comes to building your profile on LinkedIn, you are essentially building an online resume. So make sure to include pertinent work history, volunteer

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My College Story

By Scott Laney

February 7, 2014 I was hit by a car on KGB Rd going 60 MPH. I broke both legs, my left arm, and my skull. I died for about 30 minutes and remember seeing Heavens Gates! When I came back into my body all I remember seeing was Jesus and He healed me!

My friend ran to my side and tipped me over to drain the blood out of my mouth. The ambulance got there 30 minutes later. All of the doctors told my family that I could never again learn easily because of my brain injury. After 3 1/2 months of being in the hospital I was finally released. After about 2 years of being back home I finally earned my GED!

Then I had to decide on witch College I was going to attend. I found Mat-Su College! There I have met a bunch of great staff and students. After about 2 months of being there I found out my grades were amazing. I had a A in my English Class and a A in my Math 054!

I would just like to thank my whole family for being there for me and helping me along. My father later got really sick at his work in Kodiak. He had cellulitis and it was really taking over his whole body. This July 28, 2016 he passed away in Providence Hospital. I just know that he would want me to continue my education, so that's what I'm doing. 777GODLIVES777@GMAIL.COM for many pictures.

What College Means to Me

By Art Carney

As an 81 year old senior citizen, I ought to have lots of advice to offer the younger generation. However, I've come to realize they are already smarter than I ever was, and they have a broader understanding of politics, business, human rights, science, and life in general. After high school, my main concern was getting a job and hanging out with my beer drinking buddies, who mostly had the notion that the primary purpose of life was getting married and having a bunch of kids "some day." Actually, that was pretty normal in the 40's and 50's, and by the early 60's I had a wife and three kids, as well as a full-blown case of alcoholism. I had tried but I couldn't quit drinking, and was about to leave the church, but decided to give God "one more chance." I made a three day retreat where I "saw the light." At 27, with the help of my renewed belief in God and the advice that AA "could help," I was able to get sober. After several years of rational thinking and living sensibly I left the church and sought a better understanding of life. After ten years of sobriety and three more kids, my wife and I got a much needed divorce, after which I was introduced to the realities of life.

Surprisingly, I found the school of hard knocks is not as bad and as it's cracked up to be. Even so, there were rough patches I had to experience, which were not always my own fault. I experienced three different periods of misery, and even if I had known then what I know now, I doubt I would have or could have changed anything. Admitting the truth about being an alcoholic was really hard, which took a year or more to honestly accept, and my next "hell on earth" was the two years leading up to our divorce, including the six months it took to get settled down enough to find some companionship. Last but not least was dealing with the mysteries of a midlife crisis, during which I sold everything I owned and took an extended road trip in search of a "new beginning." It ended in Alaska where I was fortunate to get a job at the University of Alaska Experimental Farm.

The primary "salvation" of my life resulted from the University's retirement system and the tuition waiver for senior citizens. During the first few years of my "new life," I came to realize I didn't have a clue about what life – or religion – is all about, and I proceeded to take one or two classes of interest during the next twenty-some years, including this semester's "Introduction to Geography, which will be my last part-time class. I found some real peace of mind early on, but it was the twenty or thirty previous where I found the answers to life and existence that I had been searching for. However, finding such "answers" is something we must all do for ourselves.

YOUR STORY COULD BE HERE!

Write an interesting paper for a class? Experience something on campus that you want to share with others? Have a strong opinion about an issue? Just want to share a poem or short story? Now any student can submit content through the Monitor's webpage! Just Search "Monitor" on the college website to find it.

A Modern Theory Of "Creation"

By Art Carney

Evidently, in a void of "nothingness" prior to the Big Bang, a vague "awareness" of Logic came to realize that a dark "nothingness" had no meaning or purpose, which was contrary to the nature of Logic. The vague "awareness" tried to make sense of the situation, but there was nothing sensible about empty space, which prompted the inherent nature of Logic to develop a plan to change things. That's when the force of Logic established a set of physical laws that could produce many different forms of matter that would be in a constant state of change. However, a source of energy was needed to energize the laws of physics, and sadly, the absence of energy caused more frustration, which in turn, caused more turmoil. In time, the frustration came to a boiling point, and caused the nature of Logic to realize that emotional feelings are a form of energy that can be applied to the laws of physics. In other words, when the logical laws of physics became united with the force of emotional energy, they formed a synergistic partnership that was able to activate the laws of physics.

When the laws of physics became united with emotional energy, the synergism caused a "Big Bang" explosion that resulted in an ever-expanding physical universe, whose light and the constantly changing forms of matter obliterated the dark "nothingness" of empty space. After eons of time, physical diversity and environmental changes on Earth brought about the realm of life and the process of evolution, which eventually produced the creative ability of human beings, who seem to be on an upward spiral of progress. From the simple consciousness of early life, the human species has progressed to self consciousness and is showing signs of achieving a higher level of "Cosmic Consciousness," which might become more common in the future, providing we survive the present problems of climate change.

Microsoft Office, for Free

By Art Corvelay

As a student affiliated with a UAA campus, you have free access to Microsoft's Office 365 website.

Office 365 offers browser-based versions of some the popular Office programs: Word, Excel, and PowerPoint. These lack a few features found in their desktop counterparts, but make up for that by saving your files to "the cloud" and by allowing multiple users to simultaneously edit the same document.

Better still, Office 365 users have the option to install the full 2016 versions of Word, Excel, and PowerPoint. Simply sign into Office 365 and click the "Install Now" button.

You can access Office 365 by visiting https://portal.office.com and signing in with your UA username followed by @ua.alaska.edu.

Students who want a free, no-strings-attached office suite that will be available long past their graduation should look at LibreOffice (https://www.libreoffice.org/).

When you need a hand...

By Art Corvelay

As the nights get longer and colder you should know that there are people on campus whose job is your safety.

For a third year the college has contracted with a security company to place a guard on campus. This security guard can handle reports of lost property or suspicious behavior, for instance, and can also escort you to your car at night. For help visit the security station in the FSM building or call 761-3436.

The college's own Physical Plant (i.e., maintenance) staff can also help you in many cases. They are able to open locked car doors or jumpstart dead batteries. You can get ahold of Physical Plant by stopping at the security station in FSM or by calling them directly at 907-745-v9789.

staff can help you in many cases.

And remember -- you have a part to play, too! Remember thev phrase "if you see see something, say something." Report to vPhysical Plant any safety hazards, even if they're as seemingly-harmless as icy spots.

Additional Help available in the Learning Center

Rosetta-Stone Language Software

Computer Stations

Textbooks, Videos and Other Resources

tutor.com

By Art Corvelay

It's 12:41 AM. Empty energy drink cans and candy bar wrappers litter your desk. You've just finished the last sentence of the last paragraph of your big paper – the one due at 9:00 AM. You hoped to get one of the college's Learning Resource Center's English tutors to read over it, but now it's too late. You're SOL.

Or maybe not.

Turns out all Alaska residents are eligible for live homework help through an online service called Tutor.com. These tutors can help with subjects ranging from Calculus to World History and nearabout anything in-between.

Using Tutor.com's services couldn't be easier. Just go to www.tutor.com/alaska, pick a subject, and then click "Connect Now." Within moments you will be able to chat with a real tutor; you can even share files for them to review or draw on a virtual whiteboard.

Still not convinced? Here's a few more selling points. Tutors are available from *every day of the* week from noon to 2 AM (goodbye, pants). The website actually works well. Tutoring is available to students from kindergarten to college. (Now somebody else can help your kids with their homework.) It's entirely free.

Convinced now? Good. Just don't forget about the college's Learning Resource Center; its tutors aren't available until 2 AM, but they're nice people all the same.

MATH

Friday with Faculty

On selected Fridays, meet with Math Faculty in SNOD 103

Friday 9:00 - 12:00

HAVE SOME QUESTIONS? TRY ONE OF MAT-SU COLLEGE'S LEARNING SERVICES.

Elizabeth J Fallon Learning Center*

OLB 121 745-9772 http://matsu.alaska.edu/offices/the-learning-center/tutoring/

WRITING

Monday & Tuesday 9:00 - 1:00

Friday 10:00 - 2:00

MATH

Monday & Wednesday 9:30 - 3:00

Tuesday & Thursday 9:30 - 2:30

ASL

Mondays & Wednesdays 2:00 - 4:00 **FSM 107**

***Tutoring is available only for students enrolled in MSC courses**

Hours are subject to change Tutors available Aug 29 - Dec 15

Online Tutoring:

Alaska State Library provides the Live Homework Hotline at tutor.com/alaska from 1pm-2am

www.tutor.com/military for military families who qualify

Khan Academy: Videos (math, science, economics, history) http://www.khanacademy.org/

Foreign Language: http://libraries.mangolanguages.com/alaska/start (includes English)

Writing: http://writing.wisc.edu/Handbook/index.html

http://bcs.bedfordstmartins.com/rules7e/#t_669460

http://www.paperrater.com/

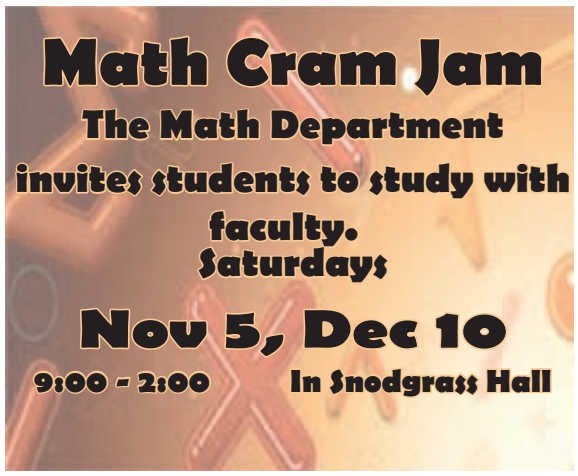
http://blog.apastyle.org/apastyle/

Meet Casey Petrin and her seven month old son Chase

By Gig Grant

Casey is one of several parents with young children who took part in a recent survey here at the Matanuska-Susitna College. She is one of the 60% of students surveyed that did not know there had once been a daycare here at the MSC. When students were asked what they could afford to pay for one day of babysitting, if it were offered on campus, the average was $37.50.

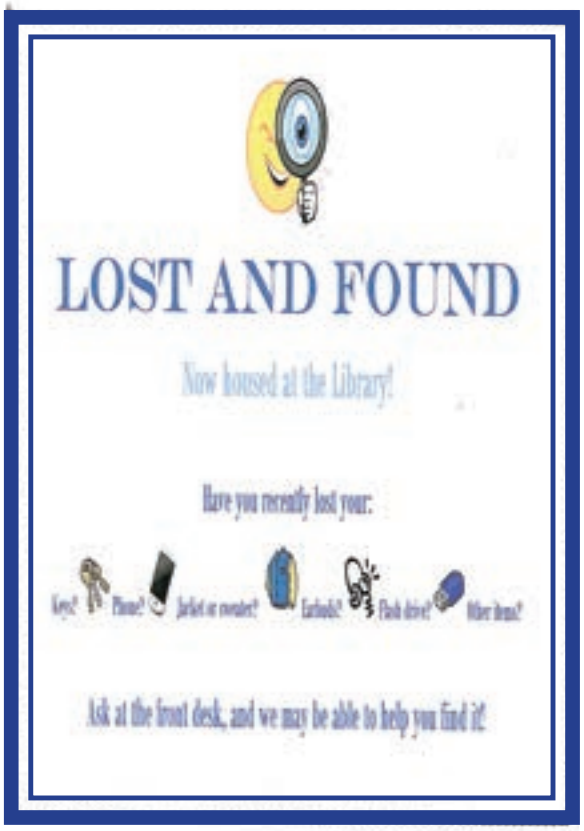
She is a former student headed back to college this spring. Her major is a BA in nursing. In an interview with Casey earlier this month, I asked her, "how would a college daycare help you meet your goals?" She said, "knowning that Chase was nearby, safe, and well taken care of would help me concentrate on my courses as well as make it easier for other parents with small children to enroll in classes. In addition, this service would help ease the finical burden."



Get involved with YOUR paper!

The Mat-Su Monitor is open to students of all experience levels. A paper like ours always needs writers, artists, graphic designers, advertisement coordinators, photographers, and more (maybe you can contribute something we haven't even thought of!

Meetings: Mondays and Thursdays, 12:00 to 12:50, in OLB 214 (upstairs in library).


LOST AND FOUND
Now housed at the Library!
Have you recently lost your:
Ask at the front desk, and we may be able to help you find it!

In celebration of Alaska Native Heritage Month
2nd Annual
Heyi niłtu
Dena'ina Athabascan term for 'celebrating the coming of winter'
Mat-Su College
Alaska Native Cultures Club
Wednesday, November 16, 11am—8pm
Mat-Su College—Glenn Massay Theater
Financial Support from:
SGC
FREE
All-Day Alaska Native Heritage Celebration featuring...
. Native Dancing & Drumming
. Musical Performances
. Native Youth Olympics
. Native Community Resources
. Native Craft Workshops
. Native Craft Vendors
12:00 Noon—Afternoon Potluck*
FREE Wild Alaska Salmon
5:00 PM—Evening Potluck*
FREE Frybread Tacos w/ Caribou Chili
* bring a dish to share if you can
Mat-Su College
University of Alaska Anchorage

Mat-Su Monitor
October 2016

Heather's Top Eight Tips for Staying Awake without Caffeine

Even just as the new semester is starting, everything that comes along with going to college can be exhausting. Between running to and from classes, keeping up with homework, having jobs, and fulfilling social obligations (and anything else that may happen), we have a lot on our plates. With all of these energy-draining tasks, it's no wonder college students are famous for their coffee consumption. Not to worry, though, here are my top eight ways to stay energized and alert without the overuse of caffeine!

1. **Take plenty of breaks**
   If you've been sitting for a while getting homework done, it's extremely easy to feel drowsy and become unfocused. Get up and take a walk, play with your pet, stretch, and getting a snack are all good ways to refresh and loosen up.

2. **Don't study in the dark**
   Our minds may relax when we are in semi-darkness, so this does not bode well for late-night studying! Turn up the lights if you're feeling sleepy, and try to get as much done during the daylight hours as you are able to.

3. **Switch it up**
   If you've been studying one subject for a while, you may need to switch to another to refocus your attention. If you enjoy one subject more than another, this is also a good thing to do, as studying something you enjoy will keep you alert.

4. **Hydration**
   Just drink lots of water. ☺ Your body will thank you.

5. **Eat healthy snacks**
   There are plenty of unhealthy ingredients in snacks that may drain your energy and leave you feeling sluggish. Eating classic items such as almonds, pistachios, peanut butter, bananas, apples, or citrus will fill your tummy and raise your alertness. It's basically a win-win situation.

6. **Avoid heat**
   Studying or being in class with too many layers or under a heating vent tends to put me to sleep. It brings to mind cozy fireplaces and comfy beds, so being too warm does not bode well for concentration. To stay alert turn on a small fan, drink cold water (or chew on some ice), place a cool towel on the back of your neck, chew mint gum, etc. This is my personal go-to when I'm feeling sleepy.

7. **Listen to music**
   Depending on what genre of music you like, it can also help to switch it up sometimes too. While classical is good for studying in general, try to stay away from the lullaby or slow tempo selections. My recommendation is Tchaikovsky's "1812 Overture". Make sure to find the version with cannons. You won't be disappointed. ;)

8. **Get enough Z's**
   This is probably the most logical and important option on this list. It can be tempting to push your bedtime later to get more done, whether it's homework or other activities, it's much better for your health and energy levels overall to simply get enough sleep. Many sources recommend between 7 and 8 hours every night, and don't be afraid to take power naps if you need to.

Sophia, our Arctic Dragon Mascot, would like to introduce the ABCs of success for your educational journey:

Awareness of good mental health for self and others

Balance between school, work, family, and self-care

Connection to campus, community, friends, and family

Mat-Su College is sponsoring a series of Dragon-approved ABC activities for students, staff, and faculty this fall semester. Collect Dragon stamps by attending events. Submit your Dragon stamps for prizes and entry in prize-drawings!

Mat-Su College Journey activities and behavioral care services for students are supported by a Healthy Impact Grant from the Mat-Su Health Foundation.

For event details, latest updates, and pre-registration, visit **http://matsu.alaska.edu/journey/** .

October 20: Introduction to Yoga in the Glenn Massay Theater. 2:30 PM - 4:00 PM. Free pre-registration required.

October 25: Introduction to Yoga in the Glenn Massay Theater. 5:30 PM - 7:00 PM. Free pre-registration required.

October 27: Introduction to Yoga in the Glenn Massay Theater. 9:00 AM - 10:30 AM. Free pre-registration required.

November 2: Introduction to Meditation. 9:00 AM - 10:30 AM, FSM 105. Free pre-registration required.

November 3: Happiness Workshop on Mindfulness. 4:00 PM - 5:00 PM, FSM 205.

November 8: Introduction to Meditation. 12:00 PM - 1:00 PM, FSM 105.

November 10: Thoughtful Thursday on Addiction. 12:00 PM - 1:00 PM and 6:00 PM to 7:00 PM, FSM 200.

November 14: Happiness Workshop on Gratitude and Joy. 4:00 PM - 5:00 PM, FSM 205.

November 16: Heyi Niltu (Alaska Native Heritage Month Celebration). All day, Glenn Massay Theater.

November 29: Introduction to Meditation. 6:00-7:30 PM, FSM 202. Free pre-registration required.

December 1: Thoughtful Thursday on Stress. 12:00 PM - 1:00 PM and 6:00 PM to 7:00 PM, FSM 200.

JOURNEY Mat-Su College

Riveting News: An Update on the Snodgrass Bridge Project

By Brad Storch

Days before the start of the semester, workers began remodeling the bridge that connects Snodgrass Hall and the rest of the campus. With the bridge closed the campus is split in two. Students with classes in Snodgrass and elsewhere must walk outside. That's largely tolerated right now -- but what will students say in December? This is hard to answer.

What we can answer, instead, is why the college felt it was worthwhile to work on the bridge in the first place. For as long as the bridge has existed it has been enclosed only by a chain-link fence. Wind, snow, and rain would whip through the bridge. The bridge route was thus shorter, but no warmer or safer, than the current outside route. The remodeled bridge will be fully enclosed like the rest of the Snodgrass Hall hallway. There will be carpet, chairs, tables -- and heat. The short inconvenience of no bridge will give way to the everlasting convenience of a covered, safe, warm bridge.

Expect this glorious future to arrive sometime shortly after the first of the new year.

MAKE A POSITIVE IMPACT IN YOUR COMMUNITY

Play an important role on the Mat-Su College Campus. Being on a committee can help to enhance your career, give you a chance to give back to your community, and give you the opportunity to challenge yourself by helping to shape your society.

Current Mat-Su College Committees open to the student body:

- Board of Elections
- Concert Committee
- Constitution Committee
- Dance Committee
- Finance committee
- Health and Wellness Committee
- Mat-Su Safety Crew
- Pizza Committee
- Planning Committee
- Renewable Energies Committee
- Sports Committee

Or join one of the student clubs. Clubs are a great place to meeet like minded people, have fun, learn new things and relax.

- Alaska Native Culture Club
- Christian society of Fraternity and Service
- Drama Club
- Health Services Club
- Mat-Su Carbon Crew
- Mat-Su Dance Club
- Mat-Su Monitor
- MSC Veteran's Club
- Paramedic Association

Joining a committee or club looks good on resumes as well as gives you a chance to connect with fellow students, staff and faculty. You owe it to yourself to try them out. If you don't see a club that interests you, you can start one of your own. Student Government will fund you up to $300 to cover expenses. You can pick up a form at the Student Government office in JKB 114, near the café.

SGC President Jack Rogers and Seretary-Treasurer Corina Atkins-Gilleland welcoming students at New Student Orientation 2016.

Student Government Council Scoop

By Philip Jean

The purpose of this article is to inform the students of Matanuska-Susitna College (Mat-Su College) what is being discussed in Student Government Council (SGC) meetings, and to inform the Student Body of what their SGC is doing for them.

This article covers SGC meeting from August 31, 2016 to September 14, 2016. SGC meetings are open to all students. Meetings are held at 11:50a.m. in room FSM 105 every Wednesdays.

HERE IS THE SCOOP:

Mat-Su College SGC has three new senators: Kleigh Anderton, Garrett Wixon, and Jeffery Walker.

The SGC has allocated funds to purchase a snow cone machine, cotton candy machine, a camera, and two drink dispensers.

Funds that were allocated to purchase equipment for the frolf course were not used. Because the funds were not spent, the funds were dissolved. The SGC to allocate up to $1200 to purchase equipment for the frolf course.

A special meeting was held for the purpose allocating funds for travel arrangements so the Coalition of Student Leaders can attend a meeting in Fairbanks September 23-24.

Report from the Fairbanks meeting of UA Student Governments

By Corinna Atkins-Gilleland, Student Government Council Secretary-Treasurer

On September 23rd and 24th met representatives of the Student Coalition of Leaders, along with members of Student Government from University of Alaska campuses all over the state. This was the first meeting of the new academic year. Besides voting in new leaders of the coalition, important issues such as the budget were discussed. President Jack Rogers II, Vice President Richard Hamlin, Secretary Corrina Atkins, and Senator Jeff Walker, Senator, all members of the Mat-Su College Student Government Council, were present to address concerns for our campus as well as the University as a whole.

The University is likely facing another round of budget cuts at about $30 million. We are also facing up to what could be a 10% increase in tuition. What is interesting about this increase is that as a community college we already pay the same amount of tuition as those attending the university and who are seeking a four year degree. Community Colleges are generally known for having much lower tuition rates then their four year counterparts. According to the Western Interstate Commission for Higher Education, WICHE, University of Alaska tuition fees at two year institutions are the highest in the region at roughly $6,806 for the 2015-16 academic year. Now, compare that to the WICHE average of $2,623 and you can see why students are very concerned about the price of their education.

Phase One of Strategic Pathways has ended. We are still waiting on some results. However, I can give you some idea of what was found and what is being done. The goal for this phase was to reduce operating costs of the university and to streamline general processes to run the university more efficiently, while still meeting the special needs of the university. Some highlights from Phase One are the desire to change the structure of Intercollegiate Athletics and possibly pursue an NCAA waiver or move to a consortium model. If either of these choices is unsuccessful some or all athletic programs may be cut. The UAS School of Management will be eliminated and its program will be absorbed into the School of Arts and Sciences. Lastly, the Bachelor of Education program is also facing possible elimination.

These are the top concerns addressed by the Coalition of Student Leaders. While many of these issues seem as though they may not affect our community campus many of these issues create trickle down effects that may not be immediately seen. With falling enrollment numbers, budget cuts, and rising tuition costs, students, alumni, staff, and, faculty alike should get involved and speak up about

Continued on page 10

SAM'S HALLOWEEN PICKS

Movies

1. It's the Great Pumpkin, Charlie Brown
2. Young Frankenstein
3. Beetlejuice
4. Addams Family/Adams Family Reunion
5. Evil Dead
6. Gremlins
7. Hocus Pocus
8. Ghostbusters
9. Casper
10. Psycho

Books

1. *The Exorcist* by William Blatty
2. *Dracula* by Bram Stoker
3. *Frankenstein* by Mary Shelley
4. *Head Full of Ghosts* by Paul G. Tremblay
5. *The Haunting of Hill House* by Shirley Jackson
6. *Something Wicked This Way Comes* by Ray Bradbury
7. *Wild Fell* by Michael Rowe
8. *The Dark Descent* (anthology)
9. *The Woman in Black* by Susan Hill
10. *The Terror* by Dan Simmons

FROM THE CREATORS OF TUNDRA
THE CARPENTER BROTHERS PRESENT
MOOSE
THE MOVIE
THE HERBIVORE YOUR MOTHER WARNED YOU ABOUT!
Saturday, OCTOBER 22nd, 6:30pm
at the beautiful, new GLENN MASSAY THEATER
TICKETS ($10) AVAILABLE by going to:
www.glennmassaytheater.com
Go to www.tundracomics.com to watch the trailers!

Art Department

The Art Department hosts rotating displays in the College Gallery, FSM200. Check out our students' exquisite, finished works and works in progress. Mat-Su College offers visual art classes in Beginning and Intermediate Painting; Beginning; Intermediate and Advanced Drawing; Art Appreciation; Stained Glass; Ceramics; and Digital Photography,

On 10/7, MatSu College ceramics instructor, John Barton, will collaborate with Palmer High School instructor, Shelli Franckowiak, to present a Raku Firing. Palmer High School's firing will begin at noon, and will be joined by Mat-Su College students at 2:30 pm.

On 10/14, MatSu College Art Appreciation students will join John Barton as he presents a Raku Firing Workshop in back of FSM's fenced in area beginning at 10 am. The first load of pots will be "pulled" at noon.

The MSC faculty art show begins on 11/4 and ends on 11/18. Our student art show begins on 11/21 and ends on 12/17. Please join us as we celebrate the visual arts at Mat-Su College!"

Want to get another chance to see "MOOSE" on the BIG SCREEN?!

Saturday, OCTOBER 22nd, 6:30pm
at the beautiful, new
GLENN MASSAY THEATER
located at 8295 E. College
Drive Rd. Palmer at the
MAT-SU COLLEGE

PROCEEDS GO TO HELPING
MAKE THE NEXT MOVIE -
"SUDSY SLIM RIDES AGAIN"
Another movie made
IN Alaska,
BY Alaskans,
STARRING Alaskans!
There will be some very unique door-prizes given away!

TICKETS ($10) AVAILABLE at:
www.glennmassaytheater.com

Ask Sophia

Welcome to Ask Sophia, the Mat-Su Monitor's regular advice column. II you have a question you'd like to see answered, email it to sophia@matsu.alaska.edu or submit it in the Ask Sophia box in the FSM front lobby

Dear Sophia: I wish there was better, more efficient transportation because the Mat-Su bus doesn't go near my house and I walk 4 miles to school for 1 class a day and then 4 miles home 2-3 hours later. ~ *(sad face)*

Dear Sad: I would talk to some of those class-mates and see who may be traveling your way. Offering up some gas money could help your case as well. You can also post a sign on the bulletin boards around campus. The Mascot bus is scheduled to stop at our campus 9 times each day. They will also make special stops if you call and set it up in advance 864-5000. Another alternative may be to try Zimride the UAA ride share program at zimride.com/alaska. Even if you arrive early or have to stay a little later a ride could save time and energy in the long run.

Dear Sophia: Tell them to hurry up with the bridge. Please and thank you! ~ *Impatient*

Dear Impatient: The Mat-Su Monitor has a great article on the bridge happenings. I suggest you take a breather and read it.

Dear Sophia: So I have a boyfriend who is my EVERYTHING. We only kiss but I so badly want to have him in my pants. What do you think I could do to get us to that point. We've been together for a full year starting November. ~ *Anxious*

Dear Anxious: Sounds like you may be circling around the "just friends" drain. The best thing to do is talk about it. Bring up the subject see where it goes. Just be prepared to accept that he may not be that into you.

SUDOKU

Fill the grid with numbers so that each row, column and 3 x 3 section contains all of the digits 1 through 9.

					1			
	4			2			5	
	5			4				
		5	7			6		
6				3			8	
					2			
			5			4		
		8			9			3
4							7	

ONE SATURDAY MORNING

R	E	E	N	O	B	H	S	I	W	L	T	A	X	O
F	A	T	A	L	B	E	R	T	K	F	S	I	T	O
C	O	D	S	S	E	C	E	R	L	T	E	H	I	D
M	K	O	E	E	Y	B	G	I	U	G	U	A	N	Y
C	I	U	K	L	L	N	N	N	I	N	Q	T	Y	B
T	T	G	N	A	M	T	A	B	D	I	Y	A	T	O
Y	S	F	H	S	S	E	R	E	S	W	N	I	O	O
N	O	U	S	T	P	C	R	U	B	K	N	L	O	C
N	H	N	O	B	Y	C	E	F	T	R	H	S	N	S
U	G	N	A	T	A	M	W	C	U	A	O	P	S	U
B	E	I	R	T	D	B	O	A	I	D	J	I	Y	M
S	C	E	S	O	H	Y	P	U	E	L	D	N	A	A
G	A	H	S	P	M	U	B	E	S	O	O	G	I	N
U	P	Y	K	N	I	P	E	P	P	E	R	A	N	N
B	S	E	L	Y	O	G	R	A	G	J	E	R	R	Y

Circle the words from the list below. Place the leftover letters in the spaces for a special message!

_____, ____ ____, __'_ ________. __ ____!

BABS
BATMAN
BEANY
CECIL
BUGS BUNNY
DARKWING
DOUG FUNNIE
ELMER FUDD
FAT ALBERT
FLINTSTONES
GARGOYLES
TOM
JERRY
GOOSEBUMPS
JOHNNY QUEST
MANNY
MIGHTY MOUSE
NINJA TURTLES
PEANUTS
PEPPER ANN
PINKY
POWER RANGERS
RECESS
SCOOBY DOO
SPACE GHOST
TAILSPIN
THUNDERCATS
TINYTOONS
WISHBONE

Here's how it works: A R C T I C D R A G O N

is B S D U J D E S B H P O

One letter stands for another. In this example the letter B stands for the letter A so all the Bs stand for the letter A, Ds stand for C, etc. Single letters, apostrophes, and word length are all clues. The code letters are different for every puzzle.

V N C Q M J W I A W T J O V Z I T J B I K V P G C H

K V M B I A K O W Q O L I C Q M A C T V J I

Q O MA X V J O V K I P H N.

~ A V H T I A Z M A N V H M

TEST YOUR MATH SKILLS

What is unique about the number 8549176320 ?

How can you add eight 8's to equal 1000?

Q. How do you fix a broken Jack-O-Lantern?

A. You use a pumpkin-patch.

Report *continued from page 7*

these issues. There are many options available to you such as speaking to your student government or getting involved in student government! We have a voice as coalition members and representatives. We also have a student regent vote in all Board of Regents decisions. Writing your legislature is another option. Submitting written or public testimony to the Board of Regents is also a great way of getting your voice heard.

The next Board of Regents meeting will be in November. You can call ahead to provide public testimony, or you may write in. Your testimony can be anonymous if you so choose. Information on how to submit testimony that is appropriate and meets the requirements set forth by the Board of Regents can be accessed on their webpage.

If you have any questions about the 23/24th meeting or would like to know more about the issues discussed please feel free to stop by MSC Student Government Council office, JKB 114 near the café, or you can find our email on the college webpage, or check us out on Facebook! Please note that any opinions expressed in this article are not necessarily those of MSC SGC or MSC.

Mat-Su Legislative Candidate Forum

Tuesday, October 18. 6:00-8:00 PM

Mat-Su College, Room FSM 202.

Meet the candidates for all eight State House and Senate races in the Valley.

LinkedIn *continued from page 2*

experience, and of course your skills. This is where some of the cool benefits of LinkedIn come into play over a traditional resume. First, you get to choose a profile picture; choose something that leaves a good first impression. Another cool feature is that you can you link your current and past employers to their organization page, which lets others learn about the organizations without taking up space on your profile. Another cool feature, under the skills section, is that people can "endorse" your skills and write positive testimonials about your ability. One of the biggest benefits of LinkedIn working as your resume, is that it is a living document. Anytime you want to improve a description or update a section, the changes are instantaneous. So even if you built your profile hastily in the past, you can always update it and anytime someone else views it, they will see the most recent version.

A final thing a user might notice about LinkedIn is that there is an option for a free or paid profile. For 99% of people, I would recommend sticking with the free account. The premium account has some additional job searching features, but in Alaska it is largely unnecessary. Most employers in Alaska use the Alaska Labor Exchange Systesm (Alexsys) or Craigslist for their job postings and if they do use LinkedIn it is probably a secondary posting. This could change in the future, but for now LinkedIn basic (free) has all the features that an average user will ever need.

Daycare *continued from page 1*

suppression, and was totally furnished. Molly's Playhouse (M.P.) stayed open for several years. Most of the MSC students were pleased with the service they received. When the childcare facility closed, neither Dr. Mishler nor the Student Government was informed about this.

When Ms. Mishler found out, she went to the MSC administration and asked why the MSC closed M.P. In a taped interview Dr. Mishler said, "at first the administration stonewalled me." Then she was told that the college had received a lot of complaints from the public. There concerns were that it was unfair to the local facilities. They pointed out M.P. did not have the financial overhead, such as power, lights, and heat. She pointed out the college never made money and never intended to make money on this facility. Next, she was told that liability insurance was another reason for the closure. "I didn't buy that, because the Anchorage daycare was not experiencing any insurance issues. I thought it was a red herring."

In my research, I contacted a local home-run child daycare. The owner informed me that the State of Alaska requires that she carries a minimum of a $500,000 policy. Then I contacted the State licensee daycare department and was told the best thing to do was contact an insurance agency. Next, I contacted the Childcare Underwriting Supervisor at West-Bend insurance. I was told small in-home daycares pay $250.00-300.00 each year. Larger child care centers will pay closer to $2,000.00 a year. I even got a quote, on the spot, from Nationwide Insurance. Finally, the administration told Barbra that they simply could not have a daycare. Dr. Mishler was not sure why they closed M.P., "except a year or two later the whole area was taken over by the administration offices."

In addition, I was told that "Molly's Playhouse is still registered with the Board of Regents and supposedly is recognized as a permit official daycare center."

Barbra Mishler was in support of women, especially single women because at that time they did not have the money for daycare. For thirty years she taught English, Speech, and Women's Studies at Mat-SuCollege.. She has always supported women's issues.

Barbra asked only one thing in return for her support of this daycare: that she be allowed to name this facility. True to a mother's love she named the new facility after her daughter, Molly Ann Mishler. She started the Molly Ann Mishler Memorial Scholarship on her own and continues to support it every year. Mrs. Mishler would greatly appreciate any support for this scholarship. She would like to know of anyone who is or has donated to this scholarship so she can thank them personally. Dr. Mishler can be contacted through the Mat-Su Monitor. When asked why she started the scholarship she said "I didn't want the world to forget about my daughter, Molly Ann Mishler." I wonder if the true meaning of this story was a mother's way to keep her child's memory alive. This is a memorial for a little girl who never got the chance to go to school.

My research to find out more information about Molly's Playhouse started when I found a file over 3 inches thick. This contains letters, surveys, documents, brochures, and much more. I only spent an hour with the file, because the file was not allowed to leave the administrative offices. The staff there was helpful and offered to make copies for me.

I would like to especially thank the staff at both the Director's Office, Matanuska-Susitna College and the Administrative Services for all of their help!

Advertisers sought!

The Mat-Su Monitor is the student newspaper of Matanuska-Susitna College.

With a circulation of about 7,000, an educated readership, and affordable rates, it is the perfect place to adevertise your business, cause, or event.

For details, call 745-9740, email mwmuer@.alaska.edu, or visit http://bit.ly/1d1nLwR

MAT-SU CARBON CREW

Wed. 1:00-2:00 JKB 114
(Student Gov. Office)

Save the planet fanatics? NO!!! We are students that believe this planet is our responsibility and taking care of it is a necessity. Our main goal is to show others better ways to produce food, to use fuels more efficiently, and to use our resources in a manner that is beneficial. Yes, we love our world and want the people on it to thrive. Come join us. We meet every odd Wednesday of the month (1st, 3rd). FSM 114 3:00-4:00PM

Dance Club MSC

Wednesdays 3-5 FSM 207

Monitor

MEETING TIMES
Mondays
&
Thursdays
12:00-12:50
OLB 214
(upstairs in the Library)

Looking For
- Photographers
- Writers
- Reporters
- Marketing Reps
- Cartoonists
- Artists

Now taking submissions: Next deadline for entries: October 31.

Alaska Native Cultures Club
Mat-Su College

We meet **every Thursday** 11:50am to 12:50pm **FSM 201** . *Visit the* STUDENT CLUB CALENDER on the Mat-Su website: http://matsu.alaska.eduOr e-mail us at: : MatSuANCC@gmail.com

Rock Hounds

Looking to start a new club on campus for those of us who might have been bitten by the Gold bug. Our goal is to plan trips to prospect, see the beauty our state has to offer and most importantly make new friends. Sign-ups are available in Student Government Office JKB 114. Please stop by and sign up.

Phi Theta Kappa Honor Society

Phi Theta Kappa

America's Military has proven time and again that they are willing to answer the call when it comes to protecting America. The transition from soldier to student can be a daunting experience.

The Student Veterans of Mat-Su College has been created as a place for all individuals, regardless of military affiliation, to get together and support each other while enriching our lives through the pursuit of continuing education.

Membership is open to anyone who would like to become involved. For more information on the Student Veterans of Mat-Su College, find us on Facebook at https://www.facebook.com/groups/studentveteransofmatsucollege/ or email us at studentveteransofmatsucollege@gmail.com

UAA/MSC Christian Society of Fraternity and Service

Tuesdays 12:00 - 1:00 Cafe

INTERNATIONAL CLUB

Are you interested in International Studies?
Are you an international student?

Join us in starting up the MSC International Club!

If you would like to learn more, please contact Dr. Galina Peck.
Email: gpeck@matsu.alaska.edu
Phone: 907-745-9734

Mat-Su college

Human Services Club

The information gateway between community help organizations and the Mat-Su College student body.

Thursdays

2:30 - 3:30

FSM 103

Paramedic Association

Paramedic students plan and organize various safety and health activities for the campus and community, including CPR classes. For more information contact: Dan Wallace 746-9329

DRAMA CLUB

TUESDAYS

2-4

JKB 108

Mat-Su College

UNIVERSITY of ALASKA ANCHORAGE

OPPORTUNITIES start HERE

matsu.alaska.edu

You Tube